

**LAGUARDIA COMMUNITY COLLEGE
CITY UNIVERSITY OF NEW YORK
PRACTICAL NURSING
SYLLABUS**

WIDDED

Course Number:	SCL 102
Course Title:	The Science and Art of Nursing I – Introduction to Practical Nursing
Course Credits:	2
Class Hours:	3 (Includes 1 recitation seminar hour/week)
Placement:	1 st Semester
Pre-requisites:	SCB 203, SSY 101, ENG 101, MAT 106
Co-requisites:	SCB 204, SCL 101, SCL 103

SCL102 The Science and Art of Nursing I – Introduction to Practical Nursing

Course Description

This course is designed to familiarize the student with an overview of the history of nursing, therapeutic communication principles, medical terminology and cultural concepts as they relate to understanding clients across the life span. Students will be introduced to Maslow's Hierarchy of Basic Human Needs and the nursing process as the prioritizing framework that is used in assisting individuals, family and community. The nursing process and critical thinking strategies will be explained as the organizing and problem solving tools that are to be used when gathering data on the status of clients and their families. The scope of practice of the Practical Nurse in a variety of health care settings will be defined and explored. Computer assisted instruction (CAI), Internet research methods, e-portfolio development and writing will be used as major teaching-learning adjuncts.

Instructional Objectives

The faculty of this course expect to:

1. Introduce students to the philosophy of the nursing program and its relevance to their practice as student nurses.
2. Enable student to trace the historical development of nursing.
3. Provide students with information about the roles and responsibilities of a Licensed Practical Nurse
4. Familiarize students with the major events that influenced changes in nursing
5. Describe various health organizations and components of the health care delivery system
6. Introduce students to common health care needs of individuals, families and communities.
7. Provide students with information on prioritize clients' needs according to Maslow's Hierarchy of Needs
8. Introduce students to the phases of the nursing process.
9. Familiarize students with how the process of communication is utilized in the healthcare arena
10. Provide students with information on methods of learning and studying for success in the nursing program.
11. Introduce to students the importance and relevance of cultural competent healthcare in the practice of nursing.
12. Enable students to utilizing the computer and the library for gathering and processing information.

Performance Objectives

Upon completion of this course, the student will be able to:

1. Discuss the philosophy of the nursing program
2. Relate the historical development of nursing to the delivery of nursing care
3. Describe the roles and responsibilities of the Licensed Practical Nursing
4. Explain major events that influenced changes in nursing.
5. Identify various health organizations and components of the health care delivery system
6. Compare and contrast common health care needs of individuals, families and communities
7. Prioritize clients' needs according to Maslow's Hierarchy of Needs
8. Explain the phases of the nursing process in the delivery of client care.
9. Analyze communication process.
10. Utilize methods of learning and studying for success in the nursing program.
11. Relate why cultural competent healthcare should be considered in nursing practice.
12. Utilize the computer and the library for gathering and processing information.

Required Textbooks

- Kurzen, CR. (2004), *Contemporary Practical/Vocational Nursing*, Philadelphia, PA. J. P. Lippincott Company
- Seaback, W., (2006). *Nursing process: concepts & application*. New York: Thomson Learning, Inc
- White, L. (2002). *Critical thinking in practical/vocational nursing*. New York: Thomson Learning, Inc
- Carpenito, L. (2005). 11th ed. *Handbook of nursing diagnosis*. New York: Lippincott Williams & Wilkins
- Rosdahl, C & Kowalski, MB. (2003). *Textbook of Basic Nursing*. New York: Lippincott Williams & Wilkins
- Venes, C. (2005). *Taber's cycloedia medical dictionary*. Philadelphia, PA: F.A. Davis Company
- Supplemental material by instructor provision and recommendation**

Resource List

Textbooks

- Brown, NJ., Boyd, SM., & Twiname, BG., (2003). *LPN/LVN Student nurse handbook: core concepts and essential skills*, New Jersey: Prentice Hall
- Cohen, BJ., & Wood, DL. (2000) *Memmler's the human body in health and disease* (9th ed.). Philadelphia, PA: J. P. Lippincott Company
- Dewitt, S. C. (2003). *Saunders's student nurse planner: a guide to success in nursing school*. Philadelphia, PA: W.B Saunders Company
- Delgin, J., & Vallerand, A. (2003). *Davis' drug guide fro nurses*. Philadelphia: F.A. Davis Company
- Polan, E., & Taylor, D. (2003). *Journey across the life span: Human development and health promotion*. Philadelphia: F.A. Davis Company

Websites

- a. American Nurses Association: <http://www.nursingworld.org>
- b. Joint Commission on Accreditation of Healthcare Organizations: <http://jcaho.org>
- c. National Council Against Health Fraud: <http://www.ncahf.org>
- d. National Association for Practical Nurse education & Service, Inc.: <http://www.napnes.org>
- e. National Council for State Boards of Nursing: <http://www.ncsbn.org>
- f. North American Nursing Diagnosis Association: <http://www.nanda.org>
- g. Pan American Health Organization: : <http://www.paho.org>
- h. Who Health Organization: : <http://www.who.org>
- i. National Federation of Licensed Practical Nurses: <http://www.nflpn.org>
- j. North American Nursing Diagnosis Association: <http://www.nanda.org>
- k. Transcultural Nursing Society: <http://www.tcns.org>

Videos/CD-ROMs

- Successful Test Taking for Beginning Nursing Students
- Legal and Ethical Issues in Nursing: Legal Aspects of Nursing Documentation
- Techniques of Therapeutic Communication
- Blocks to Therapeutic Communication
- Communication in Nursing
- Cultural Diversity and Nursing Practice: Improving Client Response to Health Care
- Transcultural Nursing

Methods of Teaching-Learning

Lecture/Discussion Collaborative Small Group Activities
Writing Assignments Audiovisuals Aids
Handouts Computer Assisted Instruction (CAI)
Guest Speakers

Course Requirements

Overview

- ❖ It is expected that all students will participate fully in all course activities
- ❖ All required or assigned readings should be done prior to class and seminar sessions.
- ❖ Students should be on time for class sessions
- ❖ All assignments must be submitted by the required dates, unless prior permission have given a week in advance of the required date by the assigned course faculty.

Attendance

Attendance polices for class are those stated in the latest LaGuardia College Catalog. In addition:

- ❖ The best way to acquire knowledge is through exposure and direct contact. If students are to pass this course, physical presence is required at each class sessions. Therefore, five (5) points will be deducted from final course grade for each absence in excess of 2 absences from class.
- ❖ Should it become necessary for the instructor to cancel class, or seminar sessions content will be made up. The instructor or the college will penalize no student for any course session that is cancelled.
- ❖ Attendance for all assigned computer lab sessions as part of this course is mandatory.

E-Portfolio Development

Each student is required to maintain a E-portfolio that reflects class work and assignments. Criteria for the development and maintenance of the E-portfolio will be discuss and distributed on the first class session of the course. The E-portfolio is initiated in this course and is expected to be developed, maintained and refined by the student in all subsequent clinical nursing courses.

Recitation Sessions

Each student is required to attend computer lab and library research session as part of scheduled critical thinking development activities.

Assessment & Final Grade Determination

- ❖ There will four (4) objectives NCLEX-PN formatted exams – two (2) exams each contributing 10%, a midterm exam and a final exam each contributing 15% to the final course grade. Make –up exams will only be given at the discretion of the assigned course faculty.
- ❖ Small Group Presentation- Assigned topics, criteria for presentation and rubric for grading will be provided at the first class session of the course. Presentation contributes 15% to final course grade.
- ❖ E-Portfolio Development contributes 5% to final course grade
- ❖ Writing Assignment contributes 30% to final course. Grade criteria for presentation and rubric for grading will be provided at the first class session of the course.

Assignments or Exams	Weight	Due Date	Presentations or Exams	Weight	Due date
Writing Assignments 1. Advocacy Letter 2. Philosophy of Life* 3. Reflective Response Essay 4. Worksheets- *Communication *Culture, Ethnicity & the Nurse	15% 10% 2.5% 2.5%		Small Group Presentation	15%	
Examination 1	10%		Examination 2	10%	
Mid-term Examination	15%		Final Examination	15%	
E-Portfolio Development	5%				

All tests and exams are cumulative; that is, any material previously covered in the course may be retested on exam at any time later in the course. The final grade for this course will be a letter grade, which is determined by achievement of a minimum of 73% (C+).

Academic Integrity

The college has established an **Academic Integrity Policy (please review college handbook)** that describes procedures and penalties for students who are suspected of academic dishonesty. This includes cheating, plagiarism, academic fraud, misconduct on clinical affiliations. In addition the following will be adhere to:

- ❖ When there is evidence of a student cheating on examination or written assignments, the student(s) in question will receive an automatic zero for the examination or assignment if it is the first offense.
- ❖ If there is evidence that any of the aforementioned activities occurring for the second time, the student (s) in question will be dismissed from the Practical Nursing Program. Student (s) who have been dismissed for a violation of Academic Integrity will not be considered for readmission to Practical Nursing Program.

Declaration of Pluralism

We are a diverse community at LaGuardia Community College. We strive to become a pluralistic community. We respect diversity as reflected in such areas as race, culture, ethnicity, gender, religion, age, sexual orientation, disability and social class. As a pluralistic community we will:

- * Celebrate: individual and group diversity.
- * Honor: the rights of people to speak and be heard on behalf of pluralism.
- * Promote: intergroup cooperation, understanding and communication.
- * Acknowledge: each others' contributions to the community.
- * Share: beliefs, customs and experiences which enlighten us about members of our community.
- * Affirm: each others' dignity.
- * Seek: further ways to learn about and appreciate one another.
- * Confront: the expression of de-humanizing stereotypes, incidents where individuals or groups are excluded because of difference, the intolerance of diversity and the forces of racism, sexism, heterosexism, homophobia, disability discrimination, ageism, classism and ethnocentric that fragment the community into antagonistic individuals and groups.

We believe by carrying out these actions we, as students, faculty and staff can achieve social change and the development of a society in which each individual can achieve her or his maximum potent

COURSE OUTLINE

<u>Date</u>	<u>Topic</u>	<u>Readings/Assignments</u>
	I. Introduction to Course E-Portfolio Seminar to be scheduled in Room E312	Program Handbook Course Syllabus Assignments Handouts
	II. Review of Guides to Effective Learning	Kurzen; Chapters 1&2 White: Chapters 1-2 Handout: Worksheets Rosdahl: Chapter 2
	Introduction and Orientation to Nursing	Nursing Guide to Practice-NYSED Kurzen; Chap. 4 – 6 & 9 -11 Rosdahl: Chapter 1 & 4
	A. The Nature and History of Nursing	Reflective Response to Florence’s Principles (Low Stake Writing Assignment #1)
	B. Nursing Education/Training	
	C. Nursing Organizations	
	D. Theories of Nursing	
	E. Ethical and Legal Aspects of Nursing	
	1. Legal Issues of Nursing Practices	
	2. Regulation of Nursing	
	3. Ethical Standards of Healthcare	
	4. Client’s Rights & Responsibilities	
	a. Client’s Bill of Rights	
	b. HIPPA	
	The Healthcare Delivery System	Kurzen; Chapters 7- 8 Rosdahl: Chapter 3
	A. Healthcare in the 21 st Century	
	B. Financing Healthcare	
	C. Health Services and Settings	
	D. Complementary Care	
	E. Consumer Fraud	
	III. Basic Human Needs - The Cornerstone of Nursing	Handout Kurzen Rosdahl: Chapter 5
	A. Basic Needs In Relation to Nursing	
	1. Individual's Needs	
	2. Family and Community Needs	
	3. Individual's Response to Illness	

EXAMINATION I – Multiple choice and Short answers (25 Questions)

COURSE OUTLINE

<u>Date</u>	<u>Topic</u>	<u>Readings/Assignments</u>
	IV. Health and Wellness	Rosdahl: Chapter 5 Handouts Specter: Chapter 3
	A. Health & Wellness Defined	
	B. Wellness-Illness Continuum	
	C. Lifestyle and Risk Factors	
	D. Health Promotion & Disease Prevention	
	1. Education & health Promotion	
	E. Age-related Health Concerns	
	F. Categories of Deviation from Wellness	
	Due: Draft of Advocacy Letter (High Stake Writing Assignment#1)	
	V. Therapeutic Communication	Kurzen; Chapter 3
	A. Communication Defined: What it is, What it is not	Rosdahl: Chapter 44
	B. Therapeutic Communication Techniques	Handouts
	C. Communication Among Healthcare the Team	Communication Worksheet (Low Stake Writing Assignment #2)

MIDTERM EXAMINATION – 50 questions

VI. Nursing Process and Practical Nursing	Seabrook: Chapter 1-7
A. Introduction to the Nursing Process	Handouts
1. Problem-Solving	Kurzen: pages 190-193
2. Critical Thinking	Rosdahl: Chapter 33-37
3. Nursing Process	
B. Nursing Assessment	
C. Nursing Diagnosis and Planning	
D. Implementation and Evaluating Care	
E. Documentation and Reporting	
F. The Nursing Care Study	
1. Purpose	
2. Content	
3. Format	

Due: Final Draft of Advocacy Letter

COURSE OUTLINE

<u>DATE</u>	<u>TOPIC</u>	<u>READINGS</u>
	VII. Transcultural Healthcare A. Culture and Ethnicity B. Transcultural Nursing Care 1. What it is 2. Cultural Factors that Affect Client Care 3. Culture Component Care	Kurzen: pages 193-218, 370-375 Specter: Chap. 4-6 & 8-12 Rosdahl: Chapter 8 Handouts: Culture, Ethnicity & The Nurse (Low Stake Writing Assignment #3)

EXAMINATION 2 Multiple Choices, Short Answers & Fill-ins (30 Questions)

Due: Draft Philosophy of Life Writing Assignment (High Stake Writing Assignment)

VIII. Community Health A. What is Community Health B. Healthcare Worldwide C. Healthcare on the National Level D. Healthcare on the State Level E. Healthcare on the Local Level	Kurzen: Chapter 7 & 8 Rosdahl: Chapter 7 Handouts
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Group Presentations

Due: Final Draft of Philosophy of Life Writing Assignment

FINAL EXAMINATION

GRADES DUE